

# Mount Si High School Cheerleading 2022-2023 TRYOUT PACKET



## MOUNT SI HIGH SCHOOL CHEERLEADING VARSITY and JUNIOR VARSITY FOOTBALL and BASKETBALL SIDELINE and COMPETITION SQUAD(S)

Dear Parents and Students:

Cheerleading is a very important part of Mount Si High School. Holding this job is a big responsibility. Being a Cheerleader is hard work, and requires constant dedication to self, squad/team, school, and the community.

Cheerleaders should ask themselves, "Why do I want to be a cheerleader?" Individuals should remember that as part of the cheerleading team, they are a representative of MSHS, and are expected to display a positive leadership image at all times. The most important element of high school is a student's academic success. Therefore, cheer squad members are required to have a 2.0 cumulative GPA and be passing all classes— No F's. In addition, Mount Si Cheerleaders are held to Mount Si's Athletic Code in regards to Drug/Tobacco/Alcohol use.

There is a huge time commitment involved in being a cheerleader. Some of the many commitments are: fundraisers, camp, summer practices, and many hours during and after school. **Cheer commitment comes before other activities!** Candidates should understand that only illness and special family circumstances are legitimate reasons to miss a cheer

activity. Many times practices go longer than planned or the squad is asked to perform at an unscheduled event. This is why it is important to be able and willing to go the extra mile. Cheer Squad members are required to attend all scheduled practices, meetings and performances in their entirety.

A **tentative** schedule for April through August is provided in this packet. After teams are selected and numbers finalized, an updated calendar will be released. **Some of our late June and August practices are dependent upon construction at Mount Si and we are still working with the District to confirm some of those practice days.** Any conflicts should be addressed with the coach immediately. Some dates will be deleted and some added depending on squad readiness, conflicting school performances, and athletic schedules. In the Spring, all cheerleaders will practice approximately 6 hrs/week in addition to some community service. August will be busy with practices to prepare for Football season and parades. In the Fall and Winter, Cheerleaders will practice approx. 5-8 hrs/week (depending on their team placement) plus games and Saturday competitions (once again dependent upon team placement). Competition season runs from November through January. We will attend approximately five Saturday competitions in addition to the State Championship traditionally held the first weekend in February. The Red and Gameday Teams will compete at the NHSCC in Florida, February 10-12, 2023.

Cheerleading is expensive (approx. \$1500-\$3000 per cheerleader depending on JV/Varsity and Returner/New Cheerleader and Nationals team members). This will be explained at the parent/cheer candidate meeting on May 17th. Many fundraising opportunities will also be available as organized by the MSHS Cheer Booster Club.

Being a part of Mount Si Cheer can be some of the best memories and times of your life. Cheerleaders will get to know each other in such a way that it cannot be compared to that of any other team. We wish all of you the best at tryouts; enjoy the experience and GOOD LUCK TO YOU!

Tori Kirk, Steph Cowan, Halle Nicholson  
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## TRYOUT SCHEDULE AND DATES TO REMEMBER

- |   |                        |   |
|---|------------------------|---|
| 1. Wednesday, April 27th  | Pre Tryout Clinic      | 4:00-6:00pm Main Campus Aux Gym   |
| 2. Tuesday, May 10th  | Tryout Material Clinic | 3:30-5:30 p.m. Main Campus Aux Gym<br>*See rules and expectations for additional information* |
| 3. Wednesday, May 11th  | Tryout Material Clinic | 3:30-5:30 p.m. Main Campus Aux Gym  |
| 4. Friday, May 13th   | TRYOUTS                | 4:30 p.m. until Team Announcements<br>Main Campus Aux Gym                                     |
| 5. Welcome Breakfast May 14th   |                        | 10:00am At Mount Si. will include team bonding painting Boxes                                 |
| 6. May 17th- 1 <sup>st</sup> Practice                                   |                        | 3:30- 6 Practice  |
| 7. May 17th Parent Meeting- 1 Parent Must attend<br>Location in Library |                        | 6:30-7:15 Parent Meeting  |

*\*Refer to the calendar in the Tryout Packet for practice dates from this point forward.*

## FREQUENTLY ASKED QUESTION

1. What does the cost cover?
  - a. The cost varies greatly depending on which squad you are on as well as if you are a returning or new cheerleader. In the welcome letter on pg. 2, you will see that cost ranges from approx. \$1500-\$3500. A new cheerleader who is chosen for our Nationals team will be in the upper range, whereas a returning Sideline JV cheerleader will be in the lower range. Depending on the team you are on, your cost will cover: uniform, campwear, warm-ups, poms, bows, 3-4 day cheer camp, specialty t-shirts for different events, choreography, competition fees, competition music, banquet/team event food, birthday treats, treats for opposing cheerleaders, assistant coaches stipend, and Nationals trip (airfare, hotel, registration, transportation, 2 meals, Nationals wear).
  - b. A more accurate cost will be presented at the meeting on May 17<sup>th</sup>.
2. What if I want to go on vacation in August?
  - a. August is a busy month. We take August to prepare for parades, football season, assemblies, and competition season. Missing one or two practices in August is manageable; missing a week of practices in August is not.
3. What if I don't like cheer after a month or so?
  - a. If need be, you can dismiss yourself from the squad. **Most costs will be non-refundable including uniforms, campwear, warm-ups, camp cost, coaches stipend, etc. Meaning, you are still responsible for any balance you have acquired if you quit!** Please understand that cheer is a team sport and your actions and commitment will have an impact on others. Everyone has a unique job to do and quitting will impact many people and will cause valuable loss of time to your team as we will have to rearrange routines, spots, game day material due to you leaving.
4. I have no experience. Should I still tryout?

- a. YES! We can find a spot for anyone with a great attitude and a work ethic. Material might not come as easily for you but some of our best Sideline Cheerleaders have been girls who came into the program with no experience. After a season or two in the program, they are completely changed athletes!

### TRYOUT RULES AND EXPECTATIONS

#### 1. Attendance

- a. You must be fully dressed and in the Aux Gym on time for all Tryout Material Clinics. On Friday, May 6th , we will start reviewing material at 4:15 p.m. The first tryout group will go at 4:30 p.m.
- b. Communication is key. If you are running late or have to miss clinic for any reason, you need to communicate with Coach Tori ahead of time. It is your responsibility to learn any missed material.

#### 2. Clothes and Attitude

- a. **Wear a MSHS colored shirt (red, grey, black or white), black shorts and athletic shoes for all tryout clinics.** For actual tryouts, you and your group should wear similar colored shirts and shorts in MSHS colors (ex. grey shirts and black shorts). You DO NOT need to purchase anything special for tryouts unless you choose to. You WILL NOT be judged on your outfit.
  1. You WILL be judged on presentation of yourself. Therefore you should be nicely groomed, clothes without holes, etc. for tryouts.
- b. Put your hair up for practice and tryouts.
- c. Absolutely no jewelry. **NEW PIERCINGS WILL BE EXPECTED TO BE REMOVED DURING ANY AND ALL PRACTICES, NO EXCEPTIONS.**
- d. Please be respectful to others and have a positive attitude. Ask questions!
- e. Cell phones should be turned off or silent.

#### 3. Paperwork

- a. Complete Mount Si's online athlete registration found at:  
<https://www.familyid.com/mount-si-high-school>
  1. **This MUST be completed by Monday, May 2nd to be eligible to tryout**
- b. All forms are done online. Please complete the Family ID forms along with the Google Form for Tryout Information.
  1. **Due Monday, May 2nd**
- c. Get two teacher recommendations from current teachers and/or administrators. Teachers will fill these out online. Instructions can be found at the end of this packet.
  1. **Due Monday, May 2nd**
- d. The office will complete a grade check for current classes. You must have a 2.0 cumulative GPA and be passing all of your classes to tryout and be an active member of the squad. No F's!
- e. It is your responsibility to ensure all paperwork is complete and submitted online before the deadline.

#### 4. Tryouts

- a. You must be a current 8<sup>th</sup> grader, Freshman, Sophomore, or Junior and enrolled at Mount Si to be eligible to tryout.
- b. You must be in good physical health.
- c. You must have satisfactory school attendance.
- d. You will tryout in pairs.
- e. Perform tumbling (if applicable), Tryout Cheers, Dance and Jumps.
- f. You will be judged during tryouts on the following categories: Tryout Cheers, Tryout Dance, Jumps, Tumbling and Overall Impression. Some important things the judges will consider are: facial expression, eye contact, confidence, enthusiasm, technique, sharpness of moves, motion placement and voice.
- g. You will tryout only in front of the judges and tryout staff. It will not be in front of the student body. No parents or friends will be allowed to watch the tryouts or try-out clinics.
- h. **The score will be calculated from judges' scores and teacher evaluations.** The number of cheerleaders chosen for each squad will be determined by score separation.

- i. You will find out if you made the squad approximately 45-60 minutes **after** the last group finishes trying out.

5. Teams

- a. Two teams will be announced – Scarlett Sideline and Gray Sideline. There is no set number of cheerleaders chosen for either squad.
  1. A Scarlett Sideline Cheerleader will cheer for:
    - a. All Home Varsity Football (approx. 5 games)
    - b. Split Away Varsity Football (approx. 4 games, cheer for 2-3)
    - c. Share Home Boy Basketball Games
  2. A Gray Sideline Cheerleader will cheer for:
    - a. JV Home Football (potentially one Away JV Game depending on schedule)
    - b. Varsity Home Girl Basketball (typically Tuesday and Wednesday)
  3. Mount Si's Competition Team(s) will be chosen by the end of May. Gameday will be chosen following the June 4th Intensive. Varsity and JV Sideline placements have NO BEARING on Competition Squad placements. Note that if you make Red or Silver, you will have an opportunity to make the Nationals Competition Gameday team. Gameday will be its OWN team.
    - a. Mount Si's RED and SILVER competition team will attend Masters Camp June 27<sup>th</sup>-30<sup>th</sup>.
    - b. **Red Choreography July 1st- 2nd**
    - c. National Gameday Choreography- June 4 AND September 19-20. **June 4 will be by invitation only.**